

ELEVATE YOGA WALL TRAINING

with Joelle VanSickle

Continuing Education Studies for Yoga Teachers & dedicated students



Teacher Track

Option B

*includes Practitioner Track +
additional mentorship hours

Friday, March 23
6-9PM

Saturday, 3/24 &
Sunday, 3/25
12:30-6:30PM

+ Additional
Mentorship Hours



Elevate
Yoga & Barre Studio

Take the 15 hour weekend training plus an added teaching mentorship and learn how to safely and effectively teach Yoga Wall classes. After completing the above weekend training, you will also then learn how to sequence Yoga Wall classes, and how to effectively guide students in using the system through clear cuing, demonstrating, and assisting. Successful completion of this training will lead to a Basic Elevate Teaching Certification on the Yoga Wall. The hours are scheduled and completed on your own time as arranged with Joelle and include assisting 20 Elevate Yoga Wall classes, Attending and analyzing 10 additional classes, 5 hours of private sessions, and homework assignments on class design and sequencing. Advanced Certification will be offered at a future date for those who wish to continue their studies. The teacher track option is open to 200 hour and up certified Yoga teachers only.

\$1,250 Fee

\$350 (weekend workshop) + \$900 (mentorship)